



Monthly rates shown below are for Kaiser medical premiums only. RealCare Insurance Marketing, Inc. will charge a separate \$20 monthly fee for administrative services provided to C.A.R. members.

## Region 1 Kaiser Medical Plan Rates

Rates Effective 6/1/10 through 5/31/11

The following counties are entirely within Rate Region 1: Alameda, San Francisco, San Joaquin, San Mateo and Santa Clara  
 Portions of the following counties are also within Rate Area 1: Contra Costa

		Traditional Copay Plans					HSA Qualified Plans			Deductible Plans		
		\$5 Copay	\$15 Copay	\$20 Copay	\$30 Copay	\$50 Copay	\$0/2000 Deductible Plan	\$0/2700 Deductible Plan	\$30/3000 Deductible Plan	\$30/1000 Deductible Plan	\$30/1500 Deductible Plan	\$40/2000 Deductible Plan
Member Only	Monthly Rates Effective 6/1/10 through 5/31/11											
	<30	\$392	\$312	\$292	\$265	\$241	\$185	\$149	\$132	\$206	\$179	\$167
	30-39	433	345	322	292	266	219	176	156	243	212	197
	40-49	558	445	416	377	343	296	238	211	329	286	266
	50-54	727	579	541	491	446	396	318	282	440	382	356
	55-59	918	732	684	620	564	491	395	350	546	475	441
	60-64	1,132	902	844	765	696	629	507	448	699	608	566
65+*	1,284	1,023	957	868	789	763	615	544	848	738	686	
Member + Spouse	<30	\$1,094	\$872	\$815	\$739	\$673	\$507	\$409	\$362	\$564	\$491	\$457
	30-39	1,176	937	875	794	723	585	471	417	650	566	526
	40-49	1,284	1,024	957	867	789	604	486	431	672	584	543
	50-54	1,511	1,203	1,125	1,020	928	822	661	585	913	793	739
	55-59	1,928	1,537	1,436	1,302	1,185	1,021	822	728	1,135	987	918
	60-64	2,151	1,714	1,603	1,453	1,322	1,259	1,014	897	1,399	1,217	1,132
	65+*	2,775	2,211	2,068	1,875	1,705	1,740	1,402	1,240	1,934	1,683	1,564
Member + Child(ren)	<30	\$1,076	\$857	\$802	\$727	\$661	\$419	\$338	\$299	\$466	\$405	\$378
	30-39	1,106	881	824	747	680	442	356	315	491	428	398
	40-49	1,060	845	790	716	652	463	373	330	515	447	416
	50-54	1,199	955	892	810	736	542	436	386	602	523	487
	55-59	1,372	1,094	1,022	927	843	637	512	454	708	616	572
	60-64	1,514	1,206	1,129	1,023	931	778	627	554	864	752	700
	65+*	1,930	1,538	1,439	1,305	1,186	906	730	646	1,006	876	814
Family	<30	\$1,522	\$1,213	\$1,134	\$1,028	\$936	\$611	\$493	\$436	\$680	\$592	\$551
	30-39	1,683	1,341	1,253	1,137	1,035	685	551	488	761	663	616
	40-49	1,695	1,351	1,263	1,144	1,041	767	618	547	854	742	690
	50-54	1,931	1,538	1,438	1,304	1,186	910	732	648	1,011	878	818
	55-59	2,217	1,768	1,652	1,498	1,363	1,119	901	798	1,244	1,082	1,006
	60-64	2,511	2,001	1,871	1,696	1,543	1,393	1,122	993	1,548	1,347	1,253
	65+*	3,051	2,431	2,273	2,061	1,874	1,825	1,471	1,301	2,029	1,765	1,641

\* These rates are applicable only if Medicare is not the primary coverage.

C.A.R. Member Program effective 6/1/10 through 5/31/11. The HSA Compatible plans will change 6/1/10. Please visit [www.RealCare.biz](http://www.RealCare.biz) for more information on changes that will occur effective 6/1/10.

Kaiser Medical Rating Region 1

Rates are based on the subscriber's attained age and will change effective the first day of the month following the subscriber's birthday when the attained age moves to another age category.

